



THE INSTITUTE FOR LEARNING IN
RETIREMENT OF GREATER NEW HAVEN, INC.

"Ancora Imparo—I'm still learning" - Michelangelo, Age 87

Adult Learning

March 11 to
June 14

Featuring 46
New Courses

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In Person and
Zoom

(Closed Captioning)

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Registration
Opens Monday

March 4

Www: ILRnh.org

**ILR Spring Courses
2024
March 11—June 14**



Your ILR Leadership Team

Officers and Board of Governors

Leadership in ILR is by a volunteer Board of Governors and officers who meet twelve times a year to develop our programs, set policy and oversee all operations of the organization. Officers are elected to one-year terms and the Board of Governors are elected to two-year terms.

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ILR Officers and Members serve on various committees as part of their commitment to ILR. To volunteer, contact chair by phone.

Chair of Communications:

Doug Fenichel (973) 769-0688

Events

Outreach

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Co-Chairs of Curriculum

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Diane Olin (203) 430-8713

Chair of Membership & Registration

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Chair of Nominating

Sue Cohen (203) 464-7441

Chair of Social Events

Susan Galli (203) 389-4732

Chair of Technology

Robin Lewis (203) 876-8137

Co-Chairs of Volunteers

Rita Esposito (203) 687-8966

Pat Maiorino (203) 795-3956

Email: volunteers@ilrnh.org

We thank all the following volunteers for their services on the curriculum committee, hosting zoom classes, hosting live classes, outreach at community events, personal touch telephoning, catalog preparation, and social events,

Without the help of volunteers, ILR would not rank as one of the leading organizations helping seniors lead more informative and productive lives. If you have not volunteered so far, join this group of dynamic men and women changing our world.

Volunteers

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Steven Spector

Carolyn Starr

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2024 Spring Semester



Dear Colleagues,

You will notice that our current course catalogue is much abbreviated. ILR is trying to economize. This is necessary so that we can continue to bring you the quality programs you have come to expect. We hope that you discover something to engage, delight, and perhaps, challenge you among the offerings listed here. Also, this coming year, ILR continues to host its gatherings in June and December providing opportunities to catch up with old friends and create some new ones. We continue our recruitment activities to recover our pre-pandemic membership. You can help us in these efforts by encouraging a friend or two to join ILR so that he or she can

enjoy continuing to learn with us as much as you do. I would also like you to consider volunteering as class liaison or Zoom host/cohost. In whatever way you choose to participate, I look forward to seeing you this March! *See you at the June 4 Annual Meeting Luncheon at the New Haven Country Club.*

GIVING BACK TO ILR

ILR is basically an all volunteer educational program. We are grateful to all our study group leaders, volunteer liaisons, zoom hosts, technology, curriculum and communications committees, and our volunteer registrar for making ILR possible.

Thank you to all our study group leaders, volunteers and donors who make ILR such a fabulous program. Because of all of these volunteers we are able to:

- * Keep our membership fees as low as \$45 per year
- * Develop a new website
- * Expand community outreach and promotion to help build membership
- * Sustain ILR publications, including our very popular and beautiful course catalog

It would be nice if we could:

- Set up some sort of financial assistance program
- Provide special programs and guest presenters
- Expand technology to include hybrid classes (both online and in-person)

Now that we are able to provide programming, and socialization opportunities somewhat less unencumbered by COVID-19 challenges, we are in the process of building back our membership. Your partnership and donations in this effort will be greatly appreciated. We look forward to your continuing generosity as donors and volunteers, and thank you for your support. Please also consider encouraging your friends and family to join and support ILR. Let everyone know we are a community dedicated to lifelong learning, and to pursuing new friendships and opportunities for personal growth and creativity.

If you have not yet had a chance to give, this is a gentle reminder that we are grateful for gifts of any size.

To Donate:

On our website (ilrnh.org) just below the blue banner, you will find in small letters the words **Search** and **Donate**. Click on **Donate** and a screen will appear allowing you to make a contribution. Just fill-in the screen.

If you prefer, you may send a check to: Institute for Learning in Retirement, P.O. Box 1156, Orange, CT 06477

.Thank you for your support. Please also consider encouraging your friends and family to support ILR. Let everyone know we are a community dedicated to lifelong learning, to pursuing new friendships and opportunities for personal growth and creativity.



2024 Spring Semester



Zoom Classes Useful Information

A confirmation with the Zoom login links will be emailed two days before the class starts. Please check to make sure you have it and know where to find it on the day before the class starts. If you don't have it, send an email to Karen Fenichel—Knollwood14@gmail.com or call (203) 747-9675.

Closed Caption feature for Zoom classes—After you join a Zoom meeting, look on the lower banner of your Zoom screen for the CC icon or tap on the MORE icon. To adjust the size of the text, tap on the “up” key next to CC icon. You can move the text box around on your screen, by clicking on it, and dragging it to where you want it to go.

Members of the same household who are sharing one device (computer, tablet or phone) **only need to register and pay for one person.**

If you've never used Zoom before or have a new device, please test your camera and microphone ahead of time. Click <https://zoom.us/test> to see if you have a working camera and microphone.

To login into the class with a computer or tablet, click on the link in the confirmation letter.

To login into the class with a phone, you may need to dial **(646) 558-8656** and login by typing in the Meeting ID (Passcode from the confirmation letter) and Meeting passcode (Access Numbers from the confirmation letter.)

Late registrations for Zoom Classes. If you register for a Zoom class within two days of the start of class, you should contact the **Registrar at (203) 747-9675** for the class link. This does not prevent you from registering at a later date, but it will ensure that you will get the link to the Zoom class. .



Zoom Class Recording—The course description in the catalog and on the website will indicate if a class will be recorded. Those registered for a class will have access to the recordings for a month after the final class. Measures are in place to protect one's privacy if that is a concern. More information will be available on the ILR and registration websites.

Why am I on a Waitlist?

There are so many wonderful instructors and topics each semester. ILR understands your disappointment. Students are placed on a Waitlist when

- ☐ the registrants exceed the number of students which the SGL prefers in order to achieve his/her teaching objectives.
- ☐ the venue has limits on the capacity of its rooms due to fire code regulations.

Students enter the Waitlist in the order of date and time of registration. They receive notification that they are on the Waitlist. Students may be removed from the Waitlist and admitted to a class if an enrolled student(s) withdraws or the class is moved to a larger room. The Curriculum Committee may reach out to the SGL about their willingness to admit a few more students from the Waitlist. If the SGL is amenable, Waitlisted students are contacted in the order of their place in the queue about their admission.

It is not acceptable to arrive at class assuming that there may be sufficient space due to potential absences OR expect admission by imploring the sympathy of the SGL. It is not fair to put the SGL on the spot nor fair to Waitlisted students who hold a higher place in the queue.

ILR **does not** offer the option of auditing classes.

ILR's administration appreciates your adherence to these parameters to ensure smooth and conflict free learning experiences.

Nominating Committee Report

The Nominating Committee has contacted our members and we are happy to report the following slate of officers for 2024-2025:

President: Nick Maiorino

Vice-President: Susan Vallillo

Secretary: Rita Esposito

Treasurer: Diane Olin

Vice-Chairmen Curriculum: Serena Guerrette, David Phelps

Registrar: Susan Vallillo

Board Member: Pat Maiorino

Vote at the Spring Luncheon—June 4—New Haven Country Club, Hamden, CT.

Increase in Course Fees for 2024:

Single Course—\$10

Two Sessions—\$15

Three or More Sessions—\$20

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02	Bridge for Advanced Beginners (Harold Miller)	6
03	Dismantling Age Bias (Tarah Loy-Ashe)	6
04	New Haven's Prospect Hill Walking Tour Where Yale Mansions Meet Factory Walls in East Rock Area (Colin Caplan)	6
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	<i>Tuesdays</i>	
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10	Epigenetics: When There is No Time for Evolution .. (Nils Pilotte)	7
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12	<i>Chief Thunderwater: An Unexpected Indian in Unexpected Places</i> (Gerald Reid)	8
13	Elemental: How Five Elements Changed Earth's Past and Will Shape Our Future (Stephen Porder)	8
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21	Contemporary Irish Fiction (Hedda Kopf)	10
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27	Lunching Adventures (Deborah McKeever)	11
28	Bridge: Two Over One Bidding System (Rita Briege)	12
29	What Style Is My House? (Susan Godshall)	12
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30	Read <i>Riddley Walker</i> (Harriet Bergmann)	12
31	Apology for a Sorceress: Madeline Miller's <i>Circe</i> (Joel Feimer)	12
32	French Conversation—High Intermediate (Gabrielle Brand)	12
33	The Art of No-Knead Bread and MORE! (Lois Procopion)	13
34	AI : Where We Are and Where We Are Going (Frances Grodzinsky)	13
35	The Rise of Ancient Rome from Romulus and Remus to Julius Caesar (Dr. Marc Blosveren)	13
36	The Politics of Climate Change (Nicholas Maiorino)	13
37	Mary Shelley, Promethean: <i>The Legacy of Frankenstein</i> (Joel Feimer)	14
38	Our Polarized America: How We Got to Here (Harvey Heyman)	14
39	A Bit of England in Chester, Connecticut (Marcia Jamron) - In person tour	14
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40	Key Moments in American Poetry (Len Engel)	14
41	John Ashbery and Other Traditions (Phillip L. Beard)	15
42	Arthritis Help (David Sofer)	15
43	Knitting and Crocheting for Beginners and For Those Who Have Lapsed (Annis Fusaris)	15
44	Art Deco, What Is It? (Marcia Jamron/ Susan Birnbaum)	15
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	<i>Saturday</i>	
46	Negative Images (Lisa Beth Hill)	15

2024 Spring Courses

Mondays

S24-01

Poems That Might be Great

SGL: Don Barkin

**Dates: Mondays, March 11, 18, 25;
April 1, 8, 15**

Time: 10:00-11:30 am

Sessions: Six – Maximum 15

Location: JCC

Course Fee: \$20

What makes a poem great? This spring we'll read some of the world's most famous poems, and along the way try to figure out what "great" means. Our poems will include Yeats's *Easter 1916*, Wordsworth's *Tintern Abbey*, Dickinson's *I Heard a Fly Buzz — When I Died*, Whitman's *When Lilacs Last in the Dooryard Bloom'd*, Auden's *September 1, 1939* — and others by Keats, Frost, Hardy, Bishop, Stevens, and Milton.



S24-02

Bridge for Advanced Beginners

SGL: Harold Miller

Dates: Mondays, May 13, 20; June 3, 10

Time: 2:00-4:00 pm

Sessions: Four – Maximum 20

Location: JCC

Course Fee: \$20

This course will be a continuation of the Fall program but now will be including bridge conventions and play of the hand problems



S24-03

Dismantling Age Bias

SGL: Tarah Loy-Ashe

Date: Monday, May 13

Time: 10:00 – 11:00 am

Sessions: One – Maximum 25

Location: ZOOM

Course Fee: \$10



Negative attitudes toward older adults persist in the health care community across professional disciplines and care settings. There is a strong link between ageism, in the form of negative stereotypes, prejudice, and discrimination, and risks to physical and mental health. This session will address the impact age bias and discrimination can have on client interactions, how beliefs pertaining to age and identity influence delivery of care and health outcomes, and strategies to dismantle ageism. *This class will be recorded.*



S24-04

New Haven's Prospect Hill Walking Tour: Where Yale Mansions Meet Factory Walls in New Haven

SGL: Colin Caplan

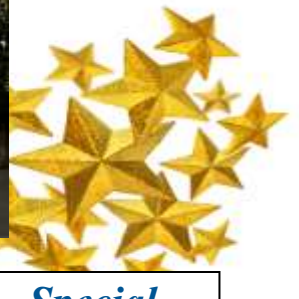
Date: Monday, May 13

Time: 1:30 – 3:00 pm

Sessions: One – Maximum 60

Location: Info sent upon registration

Course Fee: \$ 25



Special

Colin Caplan, New Haven Tour Guide extraordinaire, will lead us on a walking tour of the mansions on Prospect and St. Roman streets in the East Rock section of New Haven. In addition we will get to see Science Park, Marsh Gardens, etc.

S24-05**Optimism for Dummies****SGL: Joyce Saltman****Date: Monday, June 10****Time: 10:30 am – 12:00 noon****Sessions: One – Maximum 30****Location: JCC****Course Fee: \$10**

According to a 2006 article, a 23-year study by Yale and Miami Universities demonstrated that people over the age of 50 who exhibited a more positive perspective on life and took a more proactive approach to living also lived 7.5 years longer than those who were pessimists. Recent studies have found that an optimist lives 12 years longer than a pessimist. In addition, those with a more positive outlook also have lower incidences of heart disease and heart attacks, and some studies have even suggested that optimists experience less pain, recover faster from surgeries, and have more energy. Regardless of the exact details of their longevity, there is no question that optimists have more fun!

Tuesdays**S24-06****Murmurations****SGL: Franz Douskey****Dates: Tuesdays, March 12, 19, 26; April 2****Time: 10:00 – 11:30 am****Sessions: Four – Maximum 24****Location: Daniel Sullivan Education Center****Course Fee: \$20**

This course will entail the reading of poetry and an interpersonal discussion on the structure of the transition from mind to paper.

S24-07**Mah Jongg for Beginners and a Refresh****SGL: Karen Fenichel****Dates: Tuesdays, March 12, 19, 26; April 2, 9, 16****Time: 1:30 – 3:00 pm****Sessions: Six – Maximum 12****Location: JCC****Course Fee: \$20**

American Mah Jongg is a game played with a set of tiles and a card. We play in groups of four. You can play with three, but it's more fun with four. Come and learn to play and bring a friend. Explore the basics of the game while making some new friends. The SGL will order the current year Mah Jongg cards if you want them. Six sessions will get you started playing on your own with friends.

**S24-08****Beginner's Canasta****SGL: Marie Musco****Dates: Tuesdays, March 12, 19, 26; April 2, 9, 16****Time: 1:30 – 3:00 pm****Sessions: Six – Maximum 12****Location: JCC****Course Fee: \$20**

Canasta is a two or four-person game using two decks of cards. There are eight cards of each value +4 jokers, for a total of 108 cards. All players will learn the basics of the game in accordance with the rules of *Canasta League of America*. At the end of the course you should be able to get a group of four people together to play the game and have fun.

**S24-09****From Democracy to Dictatorships****SGL: Rachel Ranis****Dates: Tuesdays, March 19; April 2, 16****Time: 10:30 am – 12:00 noon****Sessions: Three – Maximum 33****Location: Congregation B'nai Jacob****Course Fee: \$20**

An attempt to understand the challenge of dictatorship to democracy in contemporary politics.

**S24-10****Epigenetics: When There is No Time for Evolution****SGL: Nils Pilotte****Date: Tuesday, April 2****Time: 2:00 to 4:00 P.M.****Sessions: One---Maximum 40****Location: ACES-Hamden****Course Fee: \$10**

Although the term "epigenetics" was originally coined in 1942, the field of epigenetics remained largely understudied until the 21st century. This "final frontier" of our genetic understanding relates to factors that impact gene expression and inheritance without altering the DNA sequence of an organism. But can epigenetic inheritance allow an organism to redefine the genetic fitness of its offspring without waiting for the long and painful process of evolution to work its magic? In other words, can our "Friday night decisions" impact the genetic fitness of our future children? This and other interesting questions will be discussed during this course.



S24-11**Short Hikes in the Greater New Haven Area****SGL:** Leo Cristofar**Dates:** Tuesdays, April 2, 9, 16, 23**Time:** 9:30 am – 12:00 noon**Sessions:** Four – Maximum 20**Location:** Location information sent to Registrants**Course Fee:** \$20

Short two-to-four-mile hikes over varied terrain are planned. Wear hiking boots or sneakers with a good tread and bring a hiking stick and water. You may be walking over tree roots, stones, and puddles. This is not a nature walk! **April 30 will be a makeup day for weather-related cancellations.**

**S24-12****Chief Thunderwater: An Unexpected Indian in Unexpected Places****SGL:** Gerald Reid**Dates:** Tuesday, April 2**Time:** 10:30 am – 12:00 noon**Sessions:** One – Maximum 50**Location:** ACES Hamden**Course Fee:** \$10

Chief Thunderwater was an enigmatic figure who led a cultural movement in Haudenosaunee (Iroquois) communities in Canada in the early twentieth century. But was he an indigenous activist who worked tirelessly to promote Haudenosaunee political interests? Or was he a charlatan and con man posing as an Indian, guilty of a cruel hoax? In a presentation based on his recent book, *Chief Thunderwater: An Unexpected Indian in Unexpected Places* (University of Oklahoma Press, 2021), Reid searches through archival records, newspaper accounts, and Thunderwater's personal papers to reveal the man's true identity and tell his story in all its surprising complexities and contradictions.

**S24-13****Elemental: How Five Elements Changed Earth's Past and Will Shape Our Future****SGL:** Stephen Porder**Date:** Tuesday, April 16**Time:** 1:30 – 3:00 pm**Sessions:** One – Maximum 100**Location:** ZOOM**Course Fee:** \$10

This talk explores the few organisms that have radically reshaped our world, the elemental thread that connects them across the four-billion-year history of life on Earth, and how understanding this connection can help us build a more sustainable future.

This course will be recorded**S24-14****How to Simplify Your Finances For You and Your Heirs****SGL:** Stephen Archer**Date:** Tuesday, April 23**Time:** 10:00 am – 12:30 pm**Sessions:** One – Maximum 25**Location:** Woodbridge Town Library**Course Fee:** \$10

Learn how to simplify your financial life -- by reducing accounts and related documents, eliminating paper clutter, review how accounts are titled and the pro's and con's, and identifying what documents you need for estate planning and probate.

**S24- 15****Colonel Nathan Whiting a New Haven Soldier in the French and Indian War****SGL:** John-Eric Nelson**Date:** Tuesday, April 30**Time:** 10:00-11:00 am**Sessions:** One – Maximum 40**Location:** ACES Hamden**Course Fee:** \$10

In this course, we will follow the life of Colonel Nathan Whiting (1724-1771) in colonial Connecticut and his service in the army during the French and Indian war (1754-1763) and his political and social life in New Haven.



S24-16**Current Events Spring 2024****SGL: Mito Mardin****Dates: Tuesdays, May 7, 14, 21, 28****Time: 10:30 am – 12:00 noon****Sessions: Four – Maximum 49****Location: JCC****Course Fee: \$20**

Geopolitical implications of the ongoing wars in Ukraine and the Middle East and their impact on the global economy will be reviewed.

**S24-17****Post Modern Architecture: With Us****SGL: Duo Dickinson****Date: Tuesday, May 21****Time: 1:00 – 2:30 pm****Sessions: One – Maximum 60****Location: JCC****Course Fee: \$10**

After World War II, architecture had evolved into veneration of the “cutting edge” also in art, often distinct from popular culture. But architecture always had the pull of decoration, the connection to history, and a vernacular expression that embraced local culture. In this world of midcentury modernism, history and decoration were for uneducated design, and not for serious, awarded, taught, and published architecture. Then something changed: Post Modernism happened. No one wanted to be called a communist in the 1950s, and no architect wants to be labeled a Postmodernist in the 21st century. After World War II, architecture had a norm, a fundamental canon: modernism. Some architects rejected the modernist straitjacket and aggressively used style, intense color, and cartoonish exaggeration. Ultimately this heresy had all the appeal of the cousin at Thanksgiving dinner raging at the politics that no one wanted to talk about.

**S24-18****William Hogarth at the Yale Center for British Art****SGL: James Vandenberg****Date: Tuesday, June 4****Time: 10:00 am – 12:00 noon****Sessions: One – Maximum 15****Location: Yale Center for British Art****Course Fee: \$10**

This course focuses on the prints of William Hogarth (1697-1764), specifically his 1745 narrative series *Marriage à la Mode*. Led by the instructor, we will carefully observe and analyze the work to gain a greater understanding. We will learn about Hogarth's life and methods and engage in close looking and sketching in the Yale Center for British Art study room.

**Wednesdays****S24-19****Selections from Boccaccio's *The Decameron*****SGL: Jim Rhodes****Dates: Wednesdays, March 13, 20, 27; April 3, 10, 17, 24; May 1****Time: 10:00 – 11:30 am****Sessions: Eight – Maximum 30****Location: Daniel Sullivan Education Center****Course Fee : \$20**

Boccaccio's stories are both entertaining and insightful. They represent a new way of approaching our terrestrial existence by concentrating on the enjoyment of this life and world, not just as a preparation for the next world. His stories seek to discover the true goal of human existence on Earth and in the process he looks searchingly at human love in all of its manifestations. The text for the class is: Giovanni Boccaccio *The Decameron*, Translated by G. H. McWilliam Penguin Classics.



S24-20

Literary Fiction Book Discussion

SGL: Nancy Abbey

Dates: Wednesdays, March 13; April 10; May 8; June 12

Time: 10:30 am – 12:00 noon

Sessions: Four – Maximum 15

Location: ACES Hamden

Course Fee: \$20

March 13 *The Friend* by Sigrid Nunez is a post-modern novel reflecting on grief and loss.

April 10 *The Nickel Boys* by Colson Whitehead is based on the historic Dozier School, a reform school in Florida that operated for 111 years and was revealed as highly abusive.

May 8 *Hamnet* by Maggie O'Farrell is a family drama telling the background between Will Shakespeare and his wife.

June 12 *Deacon King Kong* by James McBride is a story of a Brooklyn neighborhood filled with beguiling and booze-filled characters that shows just how vital communities can be.



S24-21

Contemporary Irish Fiction

SGL: Hedda Kopf

Dates: Wednesdays, March 13; April 3; May 8

Time: 2:00-3:30 pm

Sessions: Three – Maximum 25

Location: JCC

Course Fee: \$20

Four contemporary works of Irish fiction explore the political and social history of the country in a language and style described by critics as “extraordinarily rich” and filled with “a special magic.”

Transatlantic, by Colum McCann 3/13; *Foster, and Small Things Like These*, by Claire Keegan (novellas) 4/3; and *Old God's Times* by Sebastian Barry 5/8, provide vivid portraits of how Ireland's past shapes the lives and psyches of its people.



S24-22

Dark Money: The Hidden History of the Billionaires Behind the Rise of the Radical Right

SGL: Harvey Heyman

Date: Wednesday, March 20

Time: 10:00 am – 12:00 noon

Sessions: One – Maximum 25

Location: Congregation B'nai Jacob

Course Fee: \$10

This course explores the book *Dark Money* by Jane Mayer, written in 2016. The book describes in vivid detail how a small group of ultra-wealthy individuals, beginning in the 1970's, have organized to become major funders and promoters of the radical right. They include the Koch brothers, members of the Mellon Scaife, Coors, Olin, and DeVos families and others. They believe that taxes are a form of theft, social programs weaken America, federal regulations

S24-24**Presidents and Strange Elections****SGL: Lewis House****Dates: Wednesdays, April 3, 10, 17, 24****Time: 1:00 – 2:00 pm****Sessions: Four – Maximum 40****Location: Woodbridge Town Library****Course Fee: \$20**

The news today would make one think that the 2016 presidential election was the nastiest, most contentious one we ever faced. That is far from the truth. As American elections go, it was one of the least nasty. It was

really low at least for sheer strangeness! Join Professor House as he talks with us about the electoral college, weird opponents, contentiousness, and how our presidents are elected.

S24-25**How to Laugh in Yiddish****SGL: Rabbi Alvin Wainhaus****Date: Wednesday, April 10****Time: 11:00 am – 12:00 noon****Sessions: One – Maximum 75****Location: Congregation Or Shalom****Course Fee: \$10**

A recent study on American Jewish identity found that 42% of American Jews consider "having a good sense of humor" to be "an essential part of what it means to be Jewish". In this hour-long session, Rabbi Alvin Wainhaus will take us on a journey through the world of Yiddish humor as exemplified by dozens of classic Yiddish jokes. Prepare to laugh, learn, and gain a deeper understanding of the underlying messages within one of Jewish culture's most cherished facets. NOTE: Knowledge of Yiddish is not necessary in order to understand the humor. All will be translated!

**S24-26****Florence Arquin's Slides of Latin America****SGL: Emily Fenichel****Date: Wednesday, April 10****Time: 2:00 -3:00 pm****Sessions: One – Maximum 50****Location: ZOOM****Course Fee: \$10**

This talk will explore Florida Atlantic University's collection of some 17,000 slides taken by Florence Arquin in the 1940s and 1950s. Arquin was an artist, a scholar, and an educator who was a good friend of Diego Rivera and Frida Kahlo.

Because of her connections in Mexico, the State Department hired her to take slides throughout Central and South America. Together, we will consider Arquin's employment by the State Department, the slides she took, and how Emily Fenichel has turned these into a Digital Humanities project with funding from the National Endowment for the Humanities.

S24-27**Lunching Adventures****SGL: Deborah McKeever****Dates: Wednesdays, April 24; May 8, 22; June 5****Time: 12:30 – 2:30 pm****Sessions: Four – Maximum 17****Location: Info to be sent to registrants****Course Fee: \$150 (includes registration, 4 lunches, tips, and taxes)**

Are you an adventurous foodie? Join us for lunch at four interesting and diverse restaurants; addresses are given upon registration.



S24-28
Bridge: Two Over One Bidding System
SGL: Rita Brieger
Dates: Wednesday, May 8, 15, 22
Time: 10:00 – 12:00 noon
Sessions: Three – Maximum 16
Location: JCC
Course Fee: \$20



Learn the ins and outs of the popular 2/1 system. .

S24-29
What Style is My House?
SGL: Susan Godshall
Date: Wednesday May 15
Time: 1:30 – 2:30 pm
Sessions: One – Maximum 100
Location: ACES Hamden
Course Fee: \$10



What is “style” anyway? What makes one construction style different from another? Take an enlightening 1-hour course to learn the characteristics of historic architectural house styles, based on dozens of examples in New Haven. Presented by a Board member of the New Haven Preservation Trust.

Thursdays

S24-30
Apology for a Sorceress: Madeline Miller’s “Circe”
SGL: Joel Feimer PhD
Dates: Thursdays March 14, 21, 28; April 4, 11, 18
Time: 1:30 – 3:00 pm
Sessions: Six – Maximum 30
Location: ZOOM



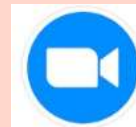
Course Fee: \$20



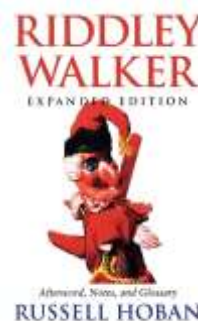
One lasting impact of the Feminist Movement of the mid-twentieth century is manifested in the proliferation of revisioned narratives of feminine figures, especially from the cauldron of classical myth. The plight of the anonymous prizes of the fall of Troy, the vengeful actions of Clytemnestra and Medea, and the long-suffering patience of Penelope have all received new life, redirection, and alternative outcomes in recent feminist centered fictions. It is not surprising that one of the most ambiguous and powerful feminine figures from Homer’s legacy should be granted a new voice with which to provide an apology for her career as one of the most potent (read dangerous and frightening to the male) sorceresses by the classical scholar and best-selling novelist, Madeline Miller. Drawing from a complete survey of Circe’s deeds from Homer, Apollonius, and Apollodorus, Miller reimagines mythical realities, reassesses masculine judgments, and re-evaluates Circe as mistress of the various endeavors of sorcery and as apologist for feminine power and the feminist agenda. ***This Course will be recorded.***



S24-31
Read *Riddley Walker*
SGL: Harriet Bergmann
Dates: Thursday March 14, 21
Time: 10:30 am – 12:00 noon
Sessions: Two – Maximum 75
Location: ZOOM
Course Fee: \$15



Russell Hoban didn’t write just *Bread and Jam for Frances*. One of his adult novels is *Riddley Walker*, a coming-of-age tale set in a post-apocalyptic far future. Its characters look back on our time in Hoban’s invented yet perfectly understandable English (try reading it aloud): “Thay had boats in the ayr & picters on the win & evere thing lyk that.” It’s a worthy reading challenge that the New York Times called



“haunting and fiercely imagined and intensely ponderable.” Let’s try it!

This course will be recorded.



S24-32
French Conversation – High Intermediate
SGL: Gabriella Brand
Dates: Thursdays, March 14, 21, 28; April 4, 11, 18, 25 ; May 2
Time: 1:30 – 3:00 pm
Sessions: Eight – Maximum 12
Location: Woodbridge Town Library
Course Fee: \$20

Dust off your college French and join the conversation! Participants should be able to explain, complain, defend, question, role play and more! Everyone makes mistakes, but everyone seeks to improve. Methodologies includes games, dialogues, debates, role play, skits, and presentations. Come laugh and enjoy a foreign language as you have never enjoyed it before! If you are unsure of your level, please contact the instructor.



S24-33**The Art of No-Knead Bread and MORE!****SGL: Lois Procopion****Date: Thursday, March 21****Time: 1:00 – 2:30 pm****Sessions: One—Maximum 30****Location: ZOOM****Course Fee: \$10**

This course will provide step-by-step instructions for making no-knead bread using a slow method fermentation process. We will be making a variety of breads. The amount of labor involved amounts to five minutes and then, let time work its magic. Wait 12-

18 hours overnight for the bread to rise, develop structure, and flavor, then, after another short rise, bake the bread in a covered cast-iron Dutch Oven. I will show you how to mix the bread dough and also, the baking process. You can either watch or participate in this bread-making experience. Recipe and supplies needed will be emailed to registrants. ***This class will be recorded.***

**S24-34****AI: Where We Are and Where We Are Going?****SGL: Frances Grodzinsky****Dates: Thursdays, April 4, 11, 18****Time: 10:00-11:30 am****Sessions: Three – Maximum 20****Location: ZOOM****Course Fee: \$20**

Artificial Intelligence has changed the landscape of technology. It poses challenges that are both technical and social. It is changing the world of technology with its new applications, generative algorithms, robots, and machine learning. It invades our lives whether we want it to or not. It impacts our privacy and daily use of our devices. How far and fast is it going, and who is responsible for its successes and failures? What is the collateral damage? How do self-learning AI systems learn? We will discuss these questions and more.

**S24-35****The Rise of Ancient Rome from Romulus and Remus to Julius Caesar****SGL: Dr. Marc Blosveren****Dates: Thursdays, April 11, 18; May 2****Time: 10:00-11:30 am****Sessions: Three – Maximum 20****Location: JCC****Course Fee: \$20**

The rise of the Roman Empire starts with the mythological tale of the twins Romulus and Remus and a small village on the Palatine Hill above the Tiber River. We will explore the two great founding families and the two classes, the patricians, and the plebeians, who permeated and interacted in Roman culture. We will look at the emergence of the 49 great patrician families whose power and intrigues, political manipulations, intermarriages (often to maintain power) and corrupt activities dominated Roman society. We will also discuss how Rome starts with a number of kings, becomes a republic, has periodic dictators, and then creates a greater form of republic which lasts until the death of Julius Caesar. Also discussed will be elements stolen from other important cultures, including the Etruscans, Macedonians, and Greeks.

**F23-03****S24-36****The Politics of Climate Change****SGL; Nicholas Maiorino****Dates: Thursdays, April 25; May 2****Time: 10:30 am – 12:00 noon****Sessions: Two – Maximum 30****Location: JCC****Course Fee: \$15**

Climate change has become a common topic on the daily news. Frequent news reports detail the dire consequences we face if we do not act to address it.



Even though the science describing this issue is abundant and irrefutable, there continues to be resistance by some about what to do, if anything, about this. The resistance, which seems to focus on our reliance on fossil fuels, has become a political football with both sides of the aisle taking opposite positions. This course begins with a brief look at what climate change means, followed by an overview of the abundant evidence and why we need to make serious immediate changes to mitigate its effects. Finally, the course will examine the various political views of the changes we are taking to address it.

S24-37**Mary Shelley: Promethean: The Legacy of *Frankenstein*****SGL:** Joel Feimer**Dates:** Thursdays, April 25; May 2, 9, 16, 23, 30**Time:** 1:30 – 3:00 pm**Sessions:** Six – Maximum 30**Location:** ZOOM**Course Fee:** \$20

Samuel Coleridge, Lord Byron, Percy Shelley, John Keats?

Make way, masculine icons of the Romantic Movement. The teenaged feminine Prometheus, Mary Shelley's visionary *Frankenstein* is a larger and more profound expression of the Romantic revolution than "Kublai Khan," Childe Harold, or Prometheus Unbound. Mary Shelley, visionary teenager, child of Mary Wollstonecraft, (A Vindication of the Rights of Women), champion of human possibility (what a mouthful!), eclipsed romantic aspirations and enlarged our understanding of human potential. Shelley (née Wollstonecraft-Godwin) envisioned the ultimate appropriation of divine power that had eluded Eve and Adam since the Age of Genesis. With her "thinking of a story," Shelley appropriates the prerogatives of Divinity to the human who dares transgress the divinely imposed boundaries of a jealous God. Shelley gives new meaning to the challenge, "Oh death, where is thy sting," by answering with her science fiction solution. Her protagonist is male, but her challenge to patriarchal ethos is completely feminist. A celebration of the 205th anniversary of *Frankenstein*'s publication. *This Course will be recorded.*

**S24-38****Our Polarized America: How We Got to Here****SGL:** Harvey Heyman**Date:** Thursday May 2**Time:** 10:00 am – 12:00 noon**Sessions:** One – Maximum 25**Location:** Congregation B'nai Jacob**Course Fee:** \$10

America has undergone significant changes just in our lifetime. Many of the changes are major contributors to the polarized America in which we find ourselves today. This one-day session takes a look at the last 50 years of political and social history to highlight pivotal economic, cultural and environmental changes that have contributed to the current state of polarization. It will also examine key individuals, groups and organizations for their role in capitalizing on and deepening this divide. Time permitting, the session will end asking for thoughts and ideas that might go towards easing our national divide.

**S24-39****A Bit of England in Chester, Connecticut****SGL:** Marcia Jamron**Date:** Thursday, June 6**Time:** 11:00 am – 3:30 pm**Sessions:** One – Maximum 25**Location:** Carpool (drive yourself)

Meet at Chester Museum at the Mill,
9 W. Main Street, Chester, CT 06412

Course Fee: \$44 ((Includes registration, lunch, gratuities))



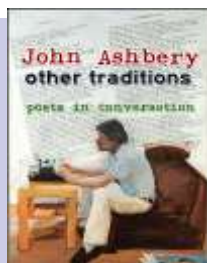
Visitors often comment on how much Chester reminds them of England. Let's get into our own cars and take an easy ride to see for ourselves. On Thursday, June 6, we will meet at the **Chester Museum at The Mill** at 11:00 am. We will learn about the beginnings of the town, and how and why it became an incredibly special area. In addition, from Marta Daniels, Curator of the civil rights pioneer Constance Baker Motley Archive, we will hear the incredible life story of Constance Baker Motley, senior jurist, politician, first black woman to argue at the Supreme Court, who owned property in Chester that's now a site on Connecticut's Freedom Trail. A short walk to enjoy the surroundings, and a short visit to artist Leif Nilsson's nearby studio and gallery, will take us to a restaurant in one of the oldest buildings in Chester. Join us for a special day in a special place. Detailed directions and lunch menu will

Fridays**S24-40****Key Moments in American Poetry****SGL:** Len Engel**Dates:** Fridays, March 15, 22;

April 5, 12, 19, 26; May 3, 10

Time: 10:00 – 11:30 am**Sessions:** Eight – Maximum 20**Location:** Daniel Sullivan Education Center**Course Fee :** \$20

Each period of American literature has certain poems that stand out and capture the spirit of the age, embodying its essence. They may not necessarily be "great poems" in a classic sense, but something about them resonates, striking a chord, that people respond to and remember. Catalysts causing such creative energy in our poets might be religious, racial, political, nostalgic, sentimental, tragic—any number of things. Poets from each period might include Anne Bradstreet (Puritan); Philip Freneau (Neo-Classical); Poe, Emerson, Whitman (Romantic); Emily Dickinson, E. A. Robinson, Stephen Crane (Realistic); T. S. Eliot, E.E. Cummings, Robert Frost, Carl Sandburg (Modern); Langston Hughes, Allen Ginsberg, William Carlos Williams, Marianne Moore, Wallace Stevens, Mary Oliver (Post Modern/Contemporary). Poems of these poets and others we read will be in any good American literature anthology. The SGL will have handout copies for those that are not.

S24-41**John Ashbery and Other Traditions****SGL: Phillip L. Beard****Dates: Fridays, April 5, 12, 19, 26;
May 3, 10, 17, 24****Time: 1:00 – 2:30 pm****Sessions: Eight – Maximum 30****Location: ACES Hamden****Course Fee: \$20**

In the year 2000, American poet John Ashbery gave a series of lectures on poets he read when he “needed to be reminded what poetry was” or to “jump start” his inventive process. These lectures were collected in a volume called *Other Traditions* and included views of lesser known-poets including nineteenth century poet John Clare and twentieth century poets John Wheelwright and Laura Riding. Each day we will pair at least one poem by Ashbery with a poem from a poet whom he admired, a method whose guiding principle is that two poems in conversation enrich our understanding of both poets. As Ashbery’s poems, by his own admission, resist tidy explanations, the course is likely destined to be more playful and conversational than formal and analytical. Some more famous poets (also often cited as influences by Ashbery) like Wallace Stevens, Delmore Schwartz, and Elizabeth Bishop may be included in our readings as well. Incidental to our thinking will be a consideration of how Ashbery himself continued to grow and publish well into his 80s. (All texts will be supplied electronically).

S24-42**Arthritis Help****SGL: David Sofer****Dates: Fridays, April 5, 12, 19****Time: 11:00 am– 12:00 noon****Sessions: Three – Maximum 99****Location: ZOOM****Course Fee: \$20**

How you move is more important than how strong you are, how flexible you are, how fit you are or even how old you are. Our bodies have nearly limitless choices on how to plan and perform even simple movements. When those options become limited by stiffness or faulty movement patterns the result is often joint pain and breakdown. HOW you move will determine the amount of stress your joints or cartilage take. In this lecture/lab course you will embark on a journey of self-discovery to identify your own movement patterns and learn how to move differently to minimize stress on your joints. The methods performed will focus on fundamental skills that will improve arthritic conditions in the feet, knees, hips, back, neck, and shoulders. By identifying old longstanding patterns and working to improve them (not perfect them) your brain plans movement more effectively and your pain and function will improve. It takes time to become aware of old patterns and then to learn to change them, but it's possible at any age and fitness level. Join me in embarking on this fascinating process. *This course will be recorded.*

**S24-43****Knitting and Crocheting for Beginners
and For Those Who Have Lapsed****SGL: Annis Fusaris****Dates: Fridays, April 5, 12 19, 26;
May 3****Time: 1:30 – 3:00 pm****Sessions: Five – Maximum 8****Location: Fusaris home****Course Fee: \$20**

Learn how to choose materials and master the necessary skills while knitting a scarf or making a placemat. Knitting and crocheting are not only rewarding, but also incredibly stress relieving with proven health benefits. The repetitive motions and increased concentration of the activity lower the heart rate, reduces the stress hormone, and induces a meditative state. Come, share, learn and have some laughs!

S24-44**Art Deco....What is it?****SGL: Marcia Jamron/
Susan Birnbaum****Date : Friday, April 12****Time : 1 :00 – 2 :30 pm****Sessions : One – Maximum 100****Location : ZOOM****Course Fee : \$15**

Come along with Marcia and Susan Birnbaum on a ZOOM architectural exploration of Art Deco style that took New York City by storm in the 1920's and 1930's—and even contributed to the New York skyline. We will see commercial skyscrapers and fabulous apartment buildings in all five boroughs. Rich materials and textiles, lacquered surfaces, cubism, futurism, Egyptian art and even the arts and crafts movement—all have a place in this movement. You may call it elegant, opulent, modern, or functional. Come hear what the movers and shakers who contributed have to say! *This course will be recorded.*



This course will be recorded.

Da: My, October 2**S24-45****German Conversation Classes****SGL: Mito Mardin****Dates: Fridays, May 3, 10, 17, 31****Time: 10:30 am – 12:00 noon****Sessions: Four – Maximum 10****Location: ZOOM****Course Fee: \$20**

We'll continue our conversations in German by discussing daily topics as well as historical and cultural events. Basic knowledge of the language is desirable to follow the course. *This course will be recorded.*

**Saturday****S24-46****Negative Images****SGL: Lisa Beth Hill****Date: Saturday, May 4****Time: 11:00 am – 12:00 Noon****Sessions: One – Maximum 15****Location: ZOOM****Course Fee: \$10**

This course will examine the depiction of African Americans and other ethnic minorities (primarily) in marketing and the exaggerations associated with those products. This will be an overview of historical information and how it informed pop culture between the 19th and 20th centuries, primarily. *This course will be recorded.*



Study Group Leaders' Biographies

Nancy Abbey recently retired after 16 years as the Assistant Director of Milford Public Library. She facilitated a popular Classic Book Group for 14 of those 16 years and continues in this role.

Stephen Archer had his first highly successful career working in various financial roles at GE Capital for 25 years ultimately becoming an Executive Finance Manager. After leaving his career at GE in 2005, he started a second career as a Personal Financial Advisor at Opus Advice First, a private wealth advisory practice of Ameriprise Financial in Oxford, Ct. He worked there for 10 years during which time he became a Certified Financial Planner. He then fully retired in 2015 to devote more time to giving back to the community. He is still a Certified Financial Planner and periodically gives educational seminars at various community senior centers. Although retired, Steve also volunteers as the District Coordinator for upper Fairfield County for the AARP Tax-Aide Program providing free income tax assistance to Seniors across 10 towns. Steve is a graduate of Northeastern University with a degree in Finance.

Don Barkin has degrees from Harvard College and Cambridge University. He has taught seminars for a number of years at Yale and Wesleyan, has published three books of poetry, and has been a newspaper reporter and schoolteacher.

Phillip L. Beard has taught modernist literature in universities for over twenty years, (including a Fulbright year in Germany, and in an abroad program in Vienna) has published articles on twentieth century literature and philosophy and is currently an editor for the *Bulletin of the George Santayana Society*.

Harriet Bergmann, after retiring as Professor of English at the US Naval Academy in 2002, moved to New Haven. Since then, she has taught creative writing at Yale and works as a professional editor. She also conducts memoir writing groups at Home Haven, a part of the Village network. She is currently at work on a book about nineteenth-century women's education in Boston.

Susan Birnbaum, owner, and operator of *SusanSez NYC Walkabouts* is a native New Yorker obsessed with its history and food. Since 2002, Susan has been a licensed NYC Sightseeing Guide. Susan has had a lifelong interest in history (Hunter College - bachelor's in history) and is a member of The Bronx, Brooklyn, and New York Historical Societies. In 2010, Susan was the recipient of The Bronx Tourism Award from The Bronx Tourism Council for her unparalleled commitment to sharing the rich history of The Bronx. In 2023 Susan received the *Women in Tourism Tour Guide Award* and the *Lee Gelber Guiding Spirit Award* from the Guides Association of NYC

Dr. Marc J. Blossveren holds Chemistry and Psychology degrees, and a Doctorate in Science Administration. He was a Science Supervisor (retired) for the New Haven Board of Education and was an OSHA Health & Safety Consultant. He was an Adjunct Professor at Quinnipiac University and Western Connecticut State University.

Gabriella Brand is a bilingual educator, writer, and public speaker. She has over thirty years' experience as a teacher of French language and literature. In addition, she has served as an intern at the United Nations during her university years. She was a program director at an Alliance Francaise. She holds a diploma from the Université de

Neuhâtel Switzerland and an MA in French pedagogy from Middlebury College, Vermont.

Rita Brieger has been teaching bridge in the New Haven area for 35 years. She has achieved ranking of Ruby Life Master.

Colin M. Caplan is an entrepreneur, architect, author, historian, producer, educator, and tour operator running Taste of New Haven to his latest Pizza in New Haven food tours and events, Elm City Party Bike and Pedal Cruise boats. He has authored six books on New Haven history including his latest, *Pizza in New Haven*, and is a past visiting professor at Wesleyan University. Caplan has produced film and media including the documentary *Pizza, a Love Story*, *The Pizza Show* and in production *The Pizza Files* and *A Slice of America*. He continues to help build and raise his native Elm City through teaching students researching and writing history and providing opportunities to communities businesses and residents through grants, education, and events.

Leo Cristofar has led hikes in Connecticut and New York for more than 26 years.

Duo Dickinson FAIA, graduated from Cornell in 1977 and opened his practice in 1987. He has received over 30 awards and 30 percent of his ongoing work is dedicated to pro bono or at-cost work for not-for-profits. He is active in *The New Haven Preservation Trust* and *Habitat for Humanity*. He has been published in more than 70 publications, is the architecture writer for Connecticut Hearst Media, a staff feature writer for *The Common Edge Collaborative* and *Mockingbird Ministries* and contributes to *Architect Daily* and many other publications. He has written eight books and hosts the radio series *Home Page* on WPKN Radio.

Dickinson has taught at Yale College and is now teaching at the University of Hartford. He is now on the faculty of the Building Beauty program at the Sant'Anna Institute, Sorrento, Italy as well as co-chair of their American Advisory Board and the Board of Directors.

Franz Douskey is an American writer. His work has been published in hundreds of magazines and anthologies, including *The Nation*, *The New Yorker*, *Rolling Stone*, *USA/Today*, *New York Times*, *Las Vegas Life*, *Yankee*, *The Georgia Review*, *Baseball Diamonds*, and *Yellow Silk*. His first full length book of poetry, *Rowing Across the Dark*, was published by the U. of Georgia Press in 1984. More recent work includes a 2011 collection of poetry, *West of Midnight*, published by the New York Quarterly Press and nominated twice for a Pulitzer Prize. Poet F.D. Reeve's review of this book says: "This astonishing collection sweeps from the America of 50 years ago to the one today. Though ruthless plutocrats have brought the nation to its fall, Douskey knows that "even in twilight the land simmers."...This book of strong poetry stands out for its rich themes and its author's modest uprightness in a culture that thinks integrity is "an arcane idea." A wonderfully original, distinguished book that embraces our world."

Leonard Engel, Professor Emeritus of English at Quinnipiac University, served as Chair of the English Dept for 18 years; in 1989, he was selected "Outstanding Faculty of the Year"; in 2013, he received Quinnipiac's "Excellence in Teaching Award." He has edited seven collections of essays beginning with *The Big Empty: Essays on the Land as Narrative* in 1994 and concluding with *The Films of Clint Eastwood: Critical Perspectives* in 2018. He has written many articles on American literature and film, from Poe and Melville to the present; most recently *Charles Portis and True Grit* (Summer 2021), and *Thoreau, Whitman, and Abbey: Down the River and on the Open Road* (Fall 2021) both published in *Journal of the West*.

Study Group Leaders' Biographies

Joel Feimer PhD taught undergraduate and graduate level English Literature and Composition at Mercy College in Dobbs Ferry New York from 1967 to 2010. He earned a PhD in Comparative Literature from the City University of New York in 1983. He has published several essays on topics in Medieval and Modern Literature and co-edited a text for composition with his former colleague at Mercy College, Howard Canaan. He began teaching for ILR in the spring of 2015 and currently serves as President on its Board of Governors.

Emily Fenichel is an Associate Professor of Art History at Florida Atlantic University. Dr. Fenichel's research focuses on the interaction of art and religion in the Renaissance, particularly in the art of Michelangelo. Her book, *Michelangelo's Art of Devotion in the Age of Reform* was published in 2023 with Cambridge University Press. Dr. Fenichel is also the Co-Director of a Digital Humanities initiative entitled *The Arquin Slide Collection Digitization Project*. This project, which is funded by the National Endowment for the Humanities, will create an interactive, searchable database of FAU's collection of Florence Arquin's 25,000 slides of Central and South America.

Karen Fenichel DMD, has taught Mah Jongg at several venues including synagogues and high school adult education courses. She has played for more than 10 years and finds that it is a good way to meet new people.

Annis Fusaris is a retired registered nurse. She enjoys sharing her knowledge with the younger generation.

Susan Godshall retired as Senior Vice President of the Greater New Haven Chamber of Commerce. Previously, Susan was a program officer at the Community Foundation for Greater New Haven and Assistant Secretary of Yale University, implementing programs to broaden local partnerships. Susan holds degrees from Yale Law School and Yale School of Architecture. She is a board member of the New Haven Preservation Trust, where she serves as Chair of the Preservation Committee.

Frances S. Grodzinsky PhD is Professor Emerita Computer Science and Information Technology at Sacred Heart University in Fairfield and Past Co-Director of the Hersher Institute of Ethics.

Harvey Heyman received a BA from Brown University and an MBA from the Harvard Business School. He retired in 2022 as IT Director and Business Planner for a hospital-owned physical therapy company. Harvey is a passionate consumer of current events and feels we are at a pivotal point in the health of American democracy

Lisa Beth Hill PhD MA BA is the Chair of the Department of History and AP Coordinator for US History and US Government at Hamden Hall Country Day Preparatory School. She received her degrees from Emory University and her BA from the University of Maryland. She served as Program Coordinator at Elizabeth City State University, was Interim Dean and Chair, Department of History and Political Science at Tuskegee University, is the author of numerous publications, and has presented lectures on diverse subjects of Black history. She is the co-chair of the AP African Studies Development Committee that is piloting the course in 63 schools this academic year.

Lewis House, PhD is a graduate of New York University and a Professor Emeritus of Southern Connecticut University. He is the published author of several books and many articles. Currently he is a Consultant to Educational Testing Service. He is a veteran of the US Military.

Marcia Jamron has been fascinated by travel since her early childhood. College, followed by family duties, have not dulled the anticipation of a new place to see and learn all about. She applies this urge to look for new and different places to the ILR trips and Zoom trips she plans and conducts.

Hedda Kopf taught literature and gender studies at Quinnipiac University for more than three decades. She continues to develop and lead book discussions at ILR as well as at several public libraries and other institutions in Connecticut. She is the author of *Understanding Anne Frank's The Diary of a Young Girl: A Student Casebook to Issues, Sources and Historical Documents*.

Tarah Loy-Ashe, PhD., CTRS, is an Associate Professor of Healthcare Studies at Southern Connecticut State University. She is a nationally certified therapeutic recreation specialist. (CTRS) and has over fifteen years of clinical experience in long-term care. She received her BA in Psychology from Wells College, her MEd in Therapeutic Recreation Management from Springfield College, and her PhD in Recreation Therapy from Clemson University. Her research interests include ageism and gender stigma in long-term care, perceptions of disability, intersectionality, and aging care for the LGBTQ+ community.

Nicholas Maiorino, a member of ILR for 10 years, is a life-long learner with more than 60 years of teaching experience. He holds a BS degree in Education; MS degree in Statistics, Measurement and Evaluation; 6th Year Certificate in Administration and Supervision; and advanced degrees in the sciences. While his main focus is science, he has offered courses in his many other interests such as history, music, and current events. He currently serves on the ILR Board of Governors and the Curriculum Committee.

Mithat "Mito" Mardin, PhD was born in Istanbul, Turkey and is a graduate of the German High School in Istanbul. He attended University of Göttingen with a PhD in Organic Chemistry, Physics and Microbiology. He worked as a Senior High School teacher for Physics and Chemistry during his dissertation. He joined Bayer Pharmaceuticals in 1977 and worked there through the end of 2010 in various positions starting as laboratory head and retiring as VP. He has worked in three continents Europe, Japan/ Asia Pacific, and the US. Since 2012, he has been President of the Japan Society of Fairfield County, served at ILR as president for three terms and followed his passion of political sciences. He is enjoying being a study group leader at ILR and sharing his knowledge on the European Union, US economy, Islam, and current world affairs in general.

Deborah McKeever is a self-proclaimed foodie. She experiments with new recipes, especially in baking. She also loves to explore different locations to experience all types of delicious cuisine. For the past five years, she has continued her search for interesting and different menus through "Lunching Adventures", paired with enjoying a meal with friends, old and new. As Julia Child noted, "people who love to eat are always the best people."

Harold Miller, Bridge Life Master, is a retired CPA and native of New Haven and teaches the game of bridge for beginning and intermediate students.

Marie Musco is a retired nurse and has been a resident of Orange for 45 years. She enjoys teaching the game of Canasta to friends and family.



John-Eric Nelson is a thirty-five-year high school teacher in Milford. He has been a colonial re-enactor for over forty years and has been studying Connecticut provincial soldiers in the French and Indian war (1754-1764). He has given talks to the U.S. Army and at historical sites all over the Northeast.

Nils Pilotte is an Assistant Professor of Biology at Quinnipiac University in Hamden, CT. Dr. Pilotte is a molecular biologist who studies the genetics and DNA structure of disease-causing parasites. He is interested in understanding the mechanisms of inheritance in parasitic organisms and how these inheritance patterns contribute to pathogenicity.

Stephen Porder is the Acacia Professor of Ecology, Evolutionary and Organismal Biology and Environment and Society at Brown University, where he serves as Associate Provost for Sustainability. His research focuses on nutrient and carbon cycling in tropical rainforests, industrial agriculture in the tropics, and tropical forest restoration. He is the author of over 70 peer reviewed scientific publications, and his work has appeared in the New York Times, Time Magazine, and other popular media outlets. He is the founder and science lead on the radio show/podcast *Possibly*, which explores issues related to sustainability, and has been heard on Science Friday and the Brian Lehrer show on public radio. Porder's recently-released book is *Elemental: How five elements changed Earth's past and will shape our future.*

Lois Procopion was born in New Britain, Connecticut. She received her BS Degree from CCSU. She retired as a Project Manager at Aetna Healthcare in 2014. For the past 45 years, Lois has been an active Justice of the Peace. She has been a gourmet cook for over 50 years and has won first prize in various local baking competitions. Her specialty is no-knead bread-making.

Rachel Ranis has sociology degrees from Brandeis and Yale Universities. Her research on social welfare issues, aging and vocational education has taken her to Pakistan, Mexico, Colombia, Germany, and the United Kingdom. She taught at the University of Bridgeport, the University of Maryland, Howard University and is retired from Quinnipiac University.

Gerald Reid is an anthropologist whose research focuses on political and cultural revitalization in Haudenosaunee (Iroquois) communities in Canada during the late nineteenth and twentieth centuries. He has worked extensively in Kahnawake, a First Nations community of 9,000 people located on Mohawk territory in Southern Quebec. After 36 years, Dr. Reid recently retired from Sacred Heart University in Fairfield, Connecticut.

Jim Rhodes PhD graduated from Holy Cross College as a philosophy major and earned his PhD from Fordham University specializing in Medieval Literature and the works of James Joyce. He taught for many years in the English Department at Southern Connecticut State University and is the author of the book *Poetry Does Theology: Chaucer, Grosseteste, and the Pearl Poet.*



Joyce M. Saltman, Ed.D. has been given the title *Guru Of Laughter* by one of America's foremost Insurance Companies. She is a Professor Emeritus of Special Education at Southern Connecticut State University where she taught graduate courses on Special Education since 1975, and *The Enhancement of Learning through Humor*, as well as directed a summer Institute on Healing, Education, Laughter and Play (H.E.L.P.) for 29 summers. She lectures all over the country plus in Japan, Norway, Australia, England, Italy and Belgium, on *Laughter, Rx for Survival, Dealing with Difficult People, Sex and Aging, and Learning Styles*. She has shared her insights into laughter with hospitals, corporations, school systems, and other organizations throughout the world. She has spoken extensively on such topics as *Learning Styles for At-Risk Students* and *Counseling Skills for Special Educators* throughout the country, most notably for the US Department of Education in Washington, DC. In addition, two of her books - *Sing A Celebration* and *I'm Changing the Locks and Cementing the Windows -What To Do When Your Kid Leaves Home* have been published. She will be teaching her first course for the Judaic Studies Department at SCSU this coming Fall on Jewish Humor and can't wait!

Maestro Perry So, Music Director Designate of the New Haven Symphony is the Artistic Director and Chief Conductor of Orquesta Sinfonica de Navarra (Navarre Symphony Orchestra), Spain.

Dr. David Sofer, PT, DPT has been a practicing therapist since 2000. He founded his physical therapy practice in Brooklyn, NY in 2005 and grew it until 2016 when it was acquired. He is an adjunct professor at SUNY Downstate and Touro College physical therapy programs and continues to treat patients in his Brooklyn office. He is a leader in the NY Physical Therapy association. You can find out more about him here: www.arthritisinfo.info/site/about.

James Vanderberg is the Educator for High School, University and Community Engagement at the Yale Center for British Art. He graduated with a master's in fine arts from CUNY Hunter College in 2008. Vanderberg has taught university and high school studio art and art history for over a decade at Fordham University, Nassau Community College, the Art Students League of New York, and Saint John's Preparatory School. His work is collected nationally, and recent paintings and drawings are available at Gallerie Gris in Hudson New York. In 2019 Vanderberg moved to rural Connecticut and left classroom teaching after the pandemic. This new landscape and connection to a historical collection of 17th and 18th century art, as well as the resources of a university museum have influenced his work in surprising ways. When he is not painting and drawing, he creates an ongoing autobiographical comic called *Lunch*.

Rabbi Alvin Wainhaus son of Holocaust survivors, was raised in an Orthodox environment in Brooklyn, N.Y. A graduate of Brooklyn College with a degree in philosophy, he earned a Master of Education degree from NYU and was ordained in Tel Aviv, Israel in 1972. Rabbi Wainhaus served congregations in Yarmouth, Nova Scotia, and Manhattan prior to becoming the spiritual leader of Congregation Or Shalom in Orange in 1981. Rabbi Wainhaus has immersed himself in the Jewish and secular life of the community and is highly regarded as a spiritual leader, educator, and lecturer on a wide range of religious and secular issues. His involvement in interfaith activities throughout Greater New Haven has earned him the respect and admiration of Jews and non-Jews alike.



ILR is a volunteer-run organization that exists thanks to the volunteerism of Study Group Leaders, the Board of Directors, various committee members, and several support personnel who serve in various capacities including classroom liaisons and zoom hosts and co-hosts. The responsibilities of volunteers can be complex, long term, and time sensitive or they can be brief and short term such as serving as class liaison or assisting with social functions. A new committee has been formed to entice new members into ILR by reaching out at community events and by personally telephoning lapsed members to encourage them to rejoin ILR. Help is always needed with publications. If you are familiar with Publisher and Word, your help would be appreciated. Proofreaders are always needed to check for errors in the publications. Perhaps this is your talent.

ILR is grateful for the dedication of our volunteers allowing ILR to thrive and maintain its reputation of excellence as an institute of lifelong learning. However, the need for volunteers is ongoing. If ILR enhances the quality of your life, consider sharing some of your time and talent in a number of different capacities. The Volunteer Committee will link you to a committee of interest to you. If you enjoy in-person classes, we encourage you to consider helping as a classroom liaison who welcomes Study Group Leaders, offers to assist them, as well as take attendance. It is a great way to meet other members.

ILR needs your help. Reach out to us. "More hands make light work."

Thank you in advance.

The Volunteer Committee Chairs

Marlene Carolla, Rita Esposito, Jean Maatta, Pat Maiorino,

Contact us: volunteers@ilrn.org

(203) 687-8966 (Rita Esposito)

(203) 795-3956 (Pat Maiorino)

New This Semester!

On some of the ZOOM courses you will see a recording icon illustrating that this course will be recorded. This signifies that the ZOOM session is being recorded and will be available to registrants for about 30 days after the scheduled course. Directions for obtaining the recording will be found on the ILR website. This is a wonderful tool for those who have registered for the course and then find that other appointments have conflicted. Or for those who would like to replay the session again. **You can't get enough of a good thing!**



Closed captioning is also available on ZOOM for those who enjoy seeing the written word as well as hearing the spoken word..

Come learn about the perfect prescription for:

- Improving your attention span
- Increasing your memory
- Enjoying better cognition
- Learning new skills
- Meeting new people



Possible side effect: Having some fun!

Everybody knows you have to keep your body in shape as you get older. But it's just as important to keep your mind stimulated. *The Institute for Learning in Retirement o Greater New Haven* offers classes in person and online covering topics from the arts to trips to zoology.

Join the Communications Team and spread the good news about ILR.

Contact Doug Fenichel
(Chair Communications)
(973) 769-0688

Doug.fenichel@gmail.com



ILR Class Venues

The following is a list of venues. For directions, please see the website : <https://www.ilrnh.org>

If you have an iPhone or android you add this to your contacts with address and telephone number. When you go to their name, the location will come up as a red balloon. Click on the red balloon and it will give you driving directions. Just place your phone on your dashboard and let it do the work for you. You can also use your GPS.

ACES /SDAACES /SDA

205 Skiff Street
Hamden, CT 06517
(203) 234-1344
Use the East driveway.
Building in rear



Annis Fusaris' Home

65 Westerly Drive
Hamden CT 06518-2215
(203) 288-6093

Congregation B'nai Jacob

75 Rimmon Road (Rt. 313)
Woodbridge, CT 06525
(203) 389-2111



JCC of Greater New Haven

360 Amity Rd. (Rt. 63)
Woodbridge CT 06525
(203) 387-2424



Congregation Or Shalom

205 Old Grassy Hill Road
Orange, CT 06477
(203) 799-2341



Woodbridge Town Library

10 Newton Road
Woodbridge CT 06525
(203) 389-3433



Daniel Sullivan Education Center

48 South New Road
Hamden, CT 06518
(203) 248-0141
(Brick building behind and to the
South of Our Lady of Mt. Carmel
Church, 2819 Whitney Ave.)



Yale British Center for Art

1080 Chapel Street
New Haven CT 06510
(203) 432-2800



Save the Date!

ILR Annual Spring Luncheon

New Haven Country Club

June 4, 2024

11:30—3:00

